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FOOD AND DRUG ADMINISTRATION

ADVISORY COMMITTEE FOR PHARMACEUTICAL SCIENCE

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Conference Room
5630 Fishers Lane
Food and Drug Administration
Rockville, Maryland 20857

- Now, what marker to use? Well, physicians use
- 2 free T4. They also use TSH. If we were to use those,
- 3 though, you would have to define the maximally accepted
- 4 changes in TSH are to ensure the physicians of their
- 5 therapeutic equivalence.
- 6 So to conclude, small differences matter.
- 7 Products that differ by 12.5 percent cannot be detected
- 8 with the current criteria, and we fully believe that we
- 9 should bring all the scientific prowess in academia, FDA,
- 10 endocrine societies, and industry to consider the issues of
- 11 how to construct proper evaluation of bioequivalence in
- 12 these T4 products.
- 13 That concludes my presentation.
- DR. JOHNSON: Well, this part of the
- 15 presentation will now focus on the FDA's current
- 16 recommendation for evaluating levothyroxine sodium
- 17 bioequivalence. However, before I begin, I want to make a
- 18 couple of comments with regard to some of the slides that
- 19 we just saw from Abbott Laboratories.
- 20 First of all, we want to thank Abbott
- 21 Laboratories for conducting their correction method study.
- 22 This data was confirmatory and very useful when the FDA
- 23 decided to adopt a baseline correction method for
- 24 evaluating levothyroxine sodium tablet bioequivalence.
- 25 However, there are some drawbacks with this

- 1 particular study design. The use of 400 and 450 microgram
- 2 doses yielded thyroxine concentrations that were closer to
- 3 baseline. This is problematic because it prevents an
- 4 accurate evaluation of the true differences that exist
- 5 between the two doses and this is likely due to some sort
- of baseline interference. That's why the agency has
- 7 recommended in the guidance and continues to recommend that
- 8 doses of 600 micrograms or greater are used.
- 9 Also the checkbox slide that compared the
- 10 different evaluation methods clearly shows why TSH on its
- 11 own is inappropriate. The point estimate was detecting a
- 12 24 percent difference when in actuality there was only a
- 13 12.5 percent real difference between the products.
- Now on to the bioequivalence design. This is
- 15 the current study protocol that we're recommending to
- 16 sponsors seeking A-B ratings. A single-dose, two-way
- 17 crossover study in which healthy subjects will receive 600
- 18 micrograms of both test and reference product.
- 19 Pharmacokinetic analysis will be conducted using total
- 20 thyroxine with a baseline correction.
- Now, let me discuss some of the rationale
- 22 behind the study design. First of all, the use of healthy
- 23 subjects allows us to do a single-dose study and a single-
- 24 dose crossover study is the most sensitive method for
- 25 evaluating the true formulation differences between

- 1 products and that's really what we're looking at. A
- 2 single-dose study cannot be conducted in patients. A 600
- 3 microgram dose in healthy subjects provides concentrations
- 4 that are significantly higher than the individual subject's
- 5 baseline T4 values, and the farther away from the baseline
- 6 that you actually get, the more accurate the evaluation of
- 7 the products. The issue of nonlinearity is really not an
- 8 issue since the subject is receiving the same amount of
- 9 drug in each treatment period.
- 10 Regarding the bioequivalence measures that have
- 11 been discussed this morning, total thyroxine is the
- 12 preferred measure for demonstrating bioequivalence. It can
- 13 be accurately measured in vivo and is the drug that is
- 14 being administered to the subject. T3, on the other hand,
- 15 is merely an active metabolite, and the Food and Drug
- 16 Administration does not use active metabolites for
- 17 conferring bioequivalence, unless the active parent cannot
- 18 be measured in vivo.
- 19 Finally TSH. TSH is a biomarker and it's an
- 20 indirect measure. It's downstream from what is being
- 21 administered and it's considerably more variable than
- 22 thyroxine. It's also very easily influenced by other
- 23 environmental factors, such as time of day and ambient
- 24 temperature.

To kind of give you an idea of where each of

- 1 these measures fits into this negative feedback system,
- 2 let's start with the lower left-hand corner, with the L-T4
- 3 or T4 inputs. Once you have conversion to T3, the T3 has
- 4 an inhibitory effect on the hypothalamus which ultimately
- 5 results in a reduction in the amount of TSH secretion from
- 6 the anterior pituitary, but this is not a mutually
- 7 exclusive event. As mentioned before, other factors
- 8 influence the TSH values.
- According to the Code of Federal Regulations,
- 10 in descending order of accuracy, sensitivity and
- 11 reproducibility for determining bioavailability and
- 12 bioequivalence of a drug product, the best choice for
- 13 evaluating bioequivalence is the concentration of the
- 14 active ingredient and that's where T4 fits in. TSH, on the
- other hand, would be relegated to the third or fourth
- 16 category.
- 17 As was made very clear in the previous
- 18 presentation, using total thyroxine without a baseline
- 19 correction is insensitive for conducting bioequivalence
- 20 studies with levothyroxine sodium tablets and the FDA
- 21 completely concurs. Rather, a baseline correction method
- 22 whereby the mean of three pre-dose samples is subtracted
- 23 from all of the subsequent post-dose samples. This is the
- 24 preferred method and it is adequately sensitive for
- 25 evaluating levothyroxine bioequivalence.

- Now, when the agency decided to adopt a
- 2 baseline correction method for bioequivalence, we went back
- 3 to data from the six original NDA applications. Dosage
- 4 from proportionality studies from four the six NDAs were
- 5 re-evaluated using the baseline correction method and
- 6 they're presented here.
- 7 Let me orient you to this slide. On the left-
- 8 hand side, we have four products, 1, 2, 3 and 4. The first
- 9 two columns are AUC and the second two columns are Cmax.
- 10 This is a three-way crossover study. The dose that was
- 11 used for the comparison was 600 micrograms, and as you can
- 12 see, the bioequivalence criteria, when they're applied to
- 13 these data sets, the confidence intervals still fall well
- 14 within the confidence bounds of 80 to 125.
- These results also show the power and
- 16 sensitivity of this method because it shows the sensitivity
- 17 to detect real differences as evidenced by the values
- 18 circled in red. We've got a 14 percent increase in level
- 19 4, in product 4, for AUC, and on the same scale, we also
- 20 have about a 9.5 percent decrease. The confidence limits,
- 21 if this were slightly more variable, would have clearly
- 22 failed.
- In conclusion, the FDA has thoroughly reviewed
- 24 each of the NDA applications that have come in. We've had
- 25 a lot of data -- there were nine submissions -- the

- 1 literature and the recent correction methods study, and
- 2 we've concluded the following. Levothyroxine can be
- 3 evaluated in healthy subjects. A single dose crossover
- 4 study is a preferred method for detecting the true
- 5 differences between products. T4 is an appropriate and
- 6 sensitive measure for this particular process, and a
- 7 baseline correction method using the mean of three pre-dose
- 8 samples is adequate when determining bioequivalence between
- 9 two levothyroxine sodium products.
- 10 Thank you.
- 11 I'd now like to introduce Dr. Barbara Davit who
- 12 will be speaking on potassium chloride.
- DR. DAVIT: Thank you. I'm Barbara Davit, and
- 14 I recently became the Deputy Director for the Division of
- 15 Bioequivalence in the Office of Generic Drugs.
- 16 I'll be presenting some information today about
- 17 baseline correction methods for endogenous compounds for
- 18 which the Division of Bioequivalence has a fair amount of
- 19 experience and that's potassium chloride.
- 20 I'll be discussing the design of potassium
- 21 chloride bioequivalence studies that we've been
- 22 implementing, the application of baseline correction
- 23 methods to bioequivalence study data, the impact of
- 24 baseline correction on bioequivalence study outcome, and to
- 25 accomplish this, I have two cases to present, one in which